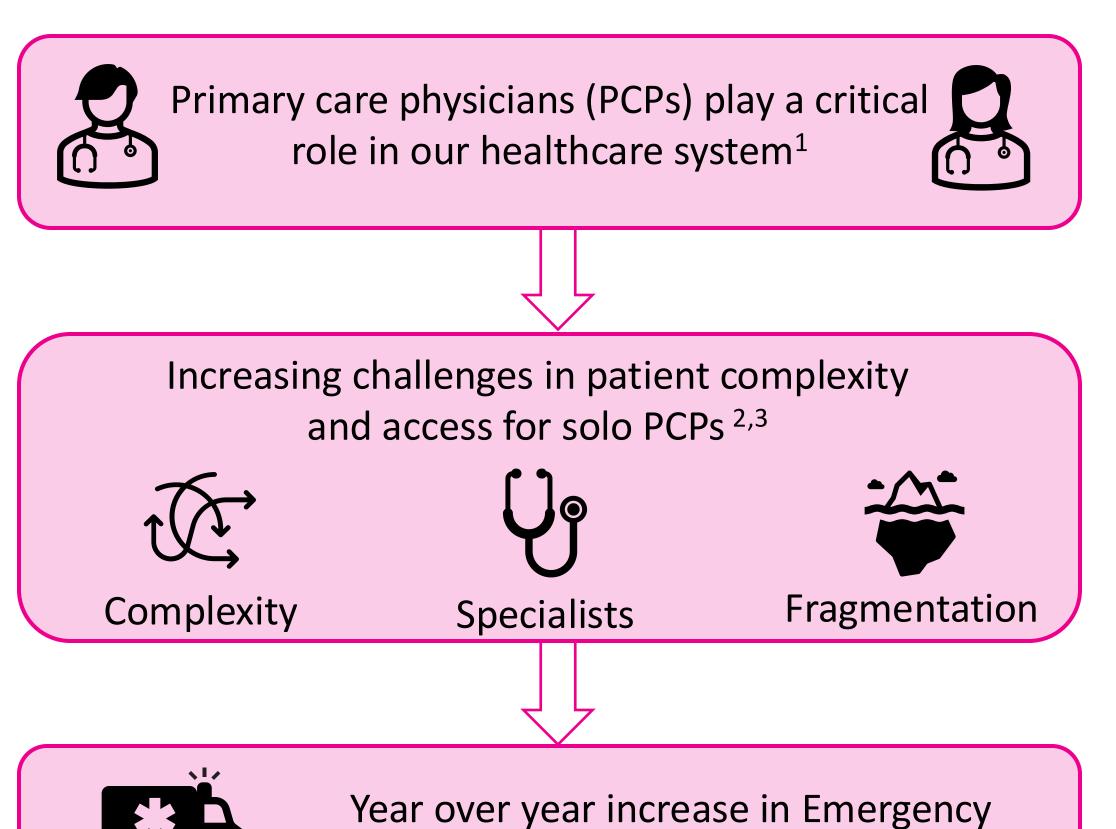


The Impact of Connecting Primary Care Physicians to General Internists in Real-time on Emergency Department Visits Across Ontario

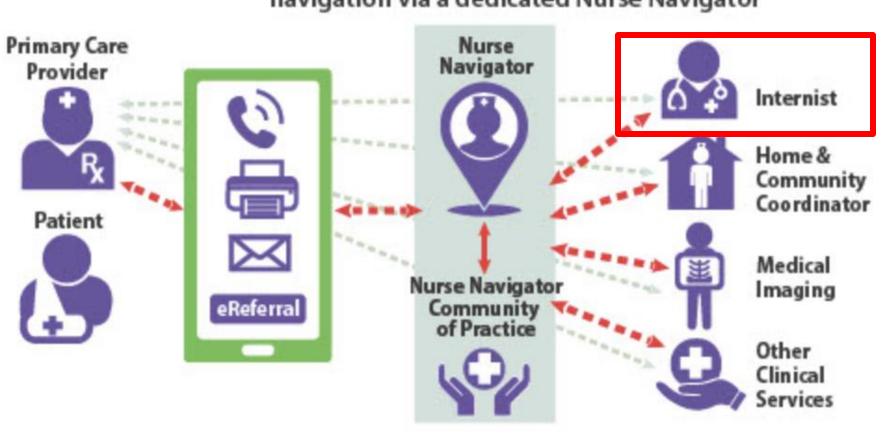
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Background



SCOPE Framework

Single point of access to resources and system navigation via a dedicated Nurse Navigator



- Seamless Care Optimizing the Patient Experience (SCOPE) is a program that connects PCPs to multiple services⁵.
- Aims to assist PCPs as they are often the first point of contact for patients.
- 17 SCOPE sites across Ontario with 2000+ PCPs

Research Aim

This project aims to evaluate the impact of providing PCPs with direct access to a GIM consultant on healthcare utilization, including ED visits as well as subspecialty consults.

Intervention and Methods

PCPs contact SCOPE GIM by calling the Navigation Hub's hospital-based nurse.

Department (ED) visits⁴

- The nurse fields the patient's presenting concern to the general internal medicine (GIM) consultant, who decides whether the patient will be booked for an appointment or whether phone/email care will be provided.
- At Women's College Hospital, PCPs contact GIM consultants directly.
- PCPs who contacted the SCOPE GIM consultant at one of the 17 sites across Ontario between December 4, 2023 and June 17, 2025, were surveyed 7 days post-contact.

Survey Questions Asked to PCPs who Contacted SCOPE GIM

What would you have done if you did not have access to the GIM consultant for this specific patient?

- Sent to the ED
- Referred to a specialist
- Paged a specialist on call
- Asked a colleague in your clinic or personal network
- Sent an e-consult
- Handled the concern independently
- Other
- *One answer only

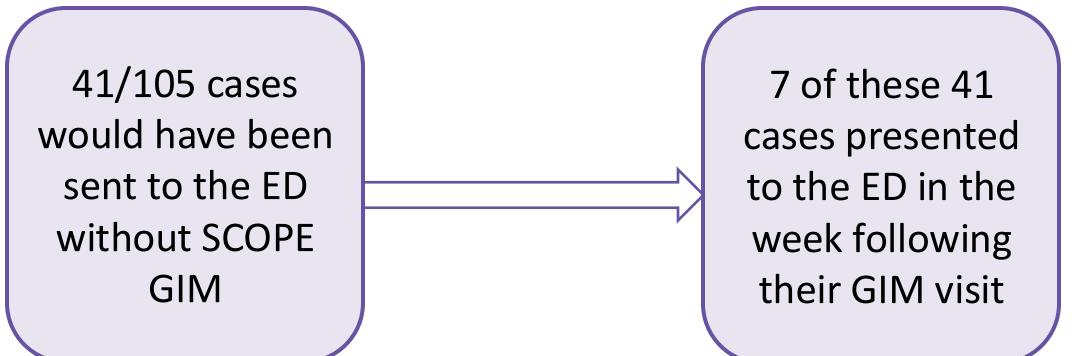
To the best of your knowledge, what happened to this specific patient within the week following their SCOPE GIM consultant visit?

- They presented to the ED for the same concern
- They presented to the ED for a different concern
- They were admitted to hospital for the same concern
- They were admitted to hospital for a different concern
- They saw the SCOPE GIM consultant again for the same concern
- They saw the SCOPE GIM consultant again for a different concern
- You referred them to a specialist
- You handled their concern independently
- *More than one answer allowed

Results

414 surveys were sent out. 105 completed surveys received

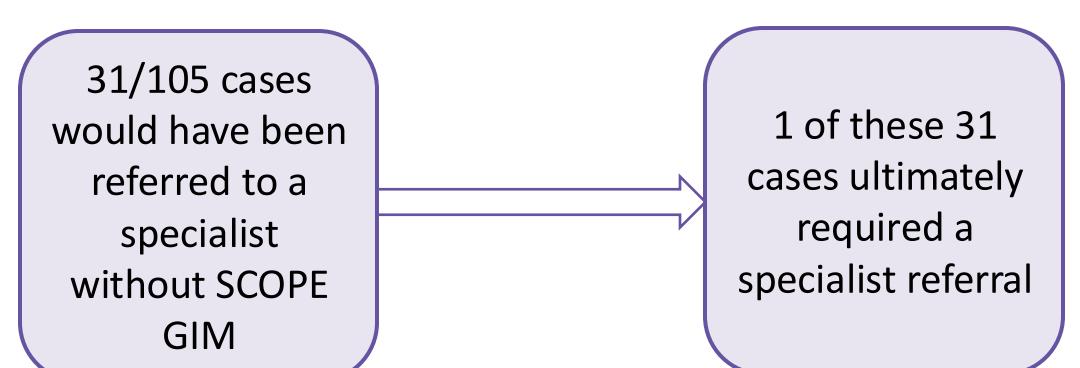
Impact on ED Visits



32% of total contacts prevented an ED visit



Impact on Specialist Referrals



97% of total contacts
prevented a specialist referral



Feedback from PCP Participants



"My patient saw SCOPE GIM the following week for a schedule follow up. Saves patients unnecessary ED visits. Appreciate SCOPE. Thank You."

"This is an excellent program which promotes collaboration and improves patient care. My patient was very pleased with the care she received. "

"Excellent service. I was very grateful for the advice I received. Being able to speak directly to a specialist on the phone and ask follow-up or clarification questions is great."

"This is truly a wonderful service. Has improved access for difficult cases. Has helped to decrease. Wait times for individuals especially that was being worked up for malignancies. Fantastic program."

Conclusions and Engagement

- The SCOPE GIM consultant service was designed to support PCPs in the management of their patients.
- This study demonstrates that GIM support resulted in avoidance of ED visits as well as expedited patient care.
- Future work should focus on increasing uptake of the service to reduce healthcare utilization and streamline patient care.
- The study's purpose and survey were conceptualized with the input of PCPs from both academic and community sites.

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